**Useful Resources for Caring for Asylum Seekers and Refugees**

**Entitlement and access to Healthcare for asylum seekers and refugees:**

* The PDF in this link is useful for a GP practice to have to hand, especially for reception staff who will be registering patients. [Healthcare for refugees and asylum seekers | NHS inform](https://www.nhsinform.scot/care-support-and-rights/health-rights/access/healthcare-for-refugees-and-asylum-seekers)
* Asylum Health Bridging Team Glasgow 0141 531 1501, 07884 450306
* GP registration assistance cards <http://www.healthliteracyplace.org.uk/tools-and-techniques/access-to-healthcare-gp-registration-cards/>
* **Multilanguage posters ‘Right Care Right Place’** [Scottish Government Marketing News (prgloo.com)](https://sgmarketing-newsroom.prgloo.com/resources/f/healthier-scotland-campaigns/stay-well-resource-hub/right-care-right-place-urgent-care/posters-13/posters-translations) useful for waiting rooms or community spaces
* Direct patient access to phone interpreting in GGC [Interpreting Services - NHSGGC](https://www.nhsggc.scot/staff-recruitment/hrconnect/staff-banks/interpreting-services/" \l "direct-patient-access-anchor)

**Advice and Support through the Asylum Process:**

* **Migrant Help** are the agency with the current UK government contract to provide confidential and impartial advice to asylum seekers on the asylum process and asylum support. Most of this is done via the phone and online-which has limitations. [Asylum services | Migrant Help (migranthelpuk.org)](https://www.migranthelpuk.org/Pages/Category/asylum)
* **Scottish Refugee Council** is based in Glasgow, has case workers and provides a wide range of services. They previously had the contract that Migrant Help now have but did this work face-to-face. There is a helpline and those in urgent need such as homelessness can go direct to the office. [Get Support - Scottish Refugee Council](https://scottishrefugeecouncil.org.uk/direct-support/)

**Community Support:**

* The refugee service of the **British Red Cross** provides support to asylum seekers and refugees in accessing services and adapting to life in a new country. This includes English for Speakers of Other Languages (ESOL) courses. [Get help as a refugee or asylum seeker | British Red Cross](https://www.redcross.org.uk/get-help/get-help-as-a-refugee)
* There are a number of **integration networks** within Glasgow which provide various kinds of support. This can include women’s and men’s groups, skills training, destitution support, ESOL classes and food banks. A few of the integration networks are listed below:
  + Govan Community Project <http://www.govancommunityproject.org.uk/>
  + Maryhill Integration Network <http://www.maryhillintegration.org.uk/>
  + Central and West Integration Network [www.cwin.org.uk](http://www.cwin.org.uk)
  + South East Integration Network [www.seinglasgow.org.uk](http://www.seinglasgow.org.uk)

**Specialist Support:**

* **Hemat Gryffe Women’s Aid** provide specialist support to women from Asian, Black and Minority Ethnic Communities who experience domestic abuse.

<http://www.hematgryffe.org.uk/>

* **Freedom from Torture** is a charity whichhas a Glasgow Branch, based in the Gorbals, and provides clinical services to survivors of torture who arrive in the UK. They also provide training and support to healthcare workers.

<https://www.freedomfromtorture.org/>

* **Saheliya** is an Edinburgh based charity which provides support both in person and on the phone for ethnic minority women who have experienced domestic abuse, FGM, forced marriage, honour based violence, rape and sexual assault, prostitution or sexual exploitation, trafficking and to parents whose children have been sexually abused. <http://www.saheliya.co.uk/>
* The **Ruby Project** supports women and girls (aged 13+) from black and minority ethnic backgrounds who have experienced sexual violence at any point in their lives whether it was in the UK or another country. Information and referral information: <https://www.glasgowclyderapecrisis.org.uk/content/ruby-project/>
* **Glasgow Asylum Destitution Action Network (GLADAN):** brings together charities, faith and community groups and individuals supporting asylum seekers across Glasgow focused on preventing and alleviating destitution and homelessness among those refused asylum. Information leaflet in 7 languages ‘Information, advice and support for asylum seekers in Glasgow’ under ‘resources’ [www.destitutionaction.org](http://www.destitutionaction.org)

**NHS Services:**

* **NHS Greater Glasgow and Clyde Psychological Trauma Service** provides culturally sensitive mental health care for asylum seekers and refugees of all ages. They take referrals for those with complex trauma and are happy to give phone advice also.

<https://www.nhsggc.org.uk/your-health/health-services/glasgow-psychological-trauma-service/>

* **Brownlee HIV Centre**: 0141 211 1075, [www.brownleehiv.scot](http://www.brownleehiv.scot)

**Other useful websites/resources:**

* [www.righttoremain.org.uk](http://www.righttoremain.org.uk): Provide excellent multi-language information to help people understand the process to establish their right to remain in the UK.
* <https://onescotland.org/equality-themes/gender/female-genital-mutilation-fgm/>
* <https://www.refugeecouncil.org.uk/> information and statistics about refugees.
* [www.refugee-action.org.uk](http://www.refugee-action.org.uk) doesn’t work in Scotland but can offer advice and support to organisations across the UK.
* [www.migrantsrights.org.uk](http://www.migrantsrights.org.uk): UK based NGO working and campaigning for the rights of all migrants.
* [www.refugeewomen.co.uk](http://www.refugeewomen.co.uk): Women for refugee women.
* [www.detentionaction.org.uk](http://www.detentionaction.org.uk) Support asylum seekers in detention and campaign for detention reform.
* [www.naccom.org.uk](http://www.naccom.org.uk) The No Accommodation Network re homeless asylum seekers
* [www.cityofsanctuary.org](http://www.cityofsanctuary.org) Movement of local groups building a culture of welcome
* [www.tarascotland.org.uk](http://www.tarascotland.org.uk) TARA for support for trafficked women 0141 276 7724
* Migrant Help (Paisley) for trafficked men or domestic servitude 0141 884 7900
* [www.sohtis.org](http://www.sohtis.org) Survivors of Human Trafficking in Scotland
* Modern Slavery Helpline [www.modernslaveryhelpline.org](http://www.modernslaveryhelpline.org) 08000 121 700
* www.medicaljustice.org.uk works for the health rights of detainees